

Allergy Action Plan



THIS CHILD HAS THE FOLLOWING ALLERGIES:

Name:

DOB:

Photo

Emergency contact details:

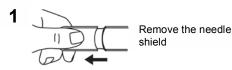
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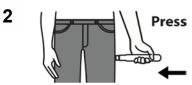
Child's

How to use Emerade

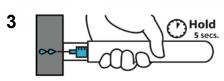
Weight:

Kg





PLACE and PRESS against the outer thigh



HOLD in place for 5 seconds. Lightly massage injection site afterwards

Emerade can be kept at any ambient temperature, but do not freeze. For more information and to register for a free reminder alert service, go to www.emerade-bausch.co.uk

Produced in conjunction with:





www.allergyuk.org

www.anaphylaxis.org.uk

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Mild-moderate allergic reaction:

- · Swollen lips, face or eyes
- Itchy / tingling mouth
- Abdominal pain or vomiting
- Hives or itchy skin rash
- Sudden change in behaviour

ACTION:

- · Stay with the child, call for help if necessary
- · Give antihistamine:
- Contact parent/carer

(if vomited, can repeat dose)

Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction):

AIRWAY: Persistent cough, hoarse voice,

difficulty swallowing, swollen tongue

Breathing: Difficult or noisy breathing,

wheeze or persistent cough

Consciousness: Persistent dizziness / pale or floppy

suddenly sleepy, collapse, unconscious

If ANY ONE of these signs are present:

- 1. Lie child flat. If breathing is difficult, allow to sit
- 2. Give Emerade®
- 3. Dial 999 for an ambulance* and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

If in doubt, give Emerade®

After giving Emerade:

- 1. Stay with child, contact parent/carer
- 2. Commence CPR if there are no signs of life
- 3. If no improvement after 5 minutes, give a further Emerade® or alternative adrenaline autoinjector device, if available

*You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.

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This is a medical document that can only be completed by the patient's treating health professio	nal and cannot	be
altered without their permission.		

This plan has been prepared by:

Hospital/Clinic:

Date: